



A visionary, pioneer and journeyman, Mo Stegall transcends any medium he touches. Clients call him "**The Treasure Hunter**" because of his ability to empower people to discover their inner jewels and gems. He is a global humanitarian who less than ten years ago was homeless, endured the loss of his mother to AIDS, and experienced several life setbacks but has championed his journey and dedicated his life to serving others. Mr. Stegall focuses on teaching individuals the importance of self-discovery, how to maneuver through adverse situations, and gives practical steps to achieving life goals. He offers proportional doses of Vitamin E, which stands for EMPOWERMENT.

He has assisted with Missions abroad including putting shoes in underserved communities with the **Samaritans Feet Organization in Lima, Peru**, he has empowered college students to take control of their financial destiny alongside acclaimed actor and bestselling author **Hill Harper on the UNCF HBCU Empower Me Tour**, challenged a nation to get involved with education, employment, housing, and health-care as **Youth Empowerment Ambassador for the National Urban League's I Am Empowered** campaign, served as host of the **Auburn University Healthy Relationships Summit, Bishop Paul Morton's Full Gospel Baptist Conference, Show ME Karma Teen Summit, Fashion & Philanthropy & The Gubernatorial Debate**. He is also an advocate for **Empowering Women** to discover their inner jewel.

He is currently serving as **Celebrity Ambassador** for **Operation Hope's Banking On Our Future & SMK Initiatives** as well as traveling the country on the **I CAN BE Empowerment Campaign**.

# I CAN BE

FOUNDATION INC.



Mo Stegall embarked upon a new journey of discovery when he founded the I Can BE Foundation a 501c3 organization, dedicated to educating people, encouraging change, and empowering communities and underserved youth to succeed. The philosophy of the organization is to provide young men and women with nurturing support systems, tools, resources and guidance through mentorship, scholarship and enrichment programs. It is also the foundation's goal to assist underserved communities by implementing financial literacy, career development, health education, and vocational programs and components. For more information log on to [www.icanbefoundation.org](http://www.icanbefoundation.org)

**I CAN BE Empowerment Campaign** will provoke a sustainable movement in furthering education, building a stable financial future, supporting healthy lifestyles and positive decision making and the development and achievement of one's goals.

The mission of the campaign is to inform, inspire, and ignite teens, young adults, and underserved communities to take control of their destinies and maximize their full potential through the use of various interactive tools, empowerment portals, panel discussions and positive media.



*"There is a generation of voiceless individuals living in our communities with no viable avenue to articulate their thoughts, concerns, experiences or rights. Those individuals are suffering gravely from abandonment, loneliness and a sense of empowerment. It is our responsibility as entertainers and influential leaders to educate, encourage and empower those individuals sanctioning them to verbalize their viewpoints and be heard. If you believe in justice and equality, then it's time to stop making excuses and give a voice to those without one."*—**Mo Stegall**

### **One of the Nation's Leading Authorities on Empowerment**

Mo offers proportional doses of **Vitamin E "EMPOWERMENT"** along with elements of wisdom and comedic wit to create an educational environment that is light-hearted yet purpose-filled. Mo provides the "I CAN BE" aura that audience members want and the essence that meeting planner's value.

#### **Mo will show your people how to:**

- **Change** what they can **control** to alleviates disappointment
- **Order the steps** that lead to an increase in productivity
- Increase **self-awareness** and **confidence** to add value to their organization
- **Projecting** what they want to **attract** to **reduce stress**
- **Emerge** from the shadows of obscurity as **The Unlikely candidate**
- **Discover** those hidden **jewels** and **gems** that will propel them to **Revolutionize** their **Destiny**

Mo is appetizingly distinctive. His techniques are practical, sensible, and are designed to revolutionize everyday people into exceptional life architects.

*To succeed in life you must develop a state of mind that allows you to move forward beyond your physical and mental limitations!"*—**Mo Stegall**

## **DO YOU WANT TO REVOLUTIONIZE YOUR ORGANIZATION?**

Leading authority and award-winning speaker, Mo Stegall, will deliver the "POW" your audience wants, and results you need...where you need it most!

Your audience will be informed, inspired, and ignited!

### **TOP TEN REASONS WHY EVENT COORDINATORS LOVE BOOKING MO STEGALL!**

1. **DYNAMIC SPEAKER:**  
Keeps audiences smiling and on the edge of their seat with inspiring and humorous anecdotes. Your audience will Laugh, Learn and Be Empowered!
2. **INTEGRITY:**  
Does what he says he will do! Mo Stegall has a reputation of following the purpose and passion of speaking versus the financial aspects, he only accepts invitations that he feels is a win-win fit for your organization.
3. **ORIGINALITY:**  
With his hugely popular Original Content vs. Carbon Copy theory, no one else in the world has the distinction of creating a proven system of overcoming adversity with the I CAN BE principle.
4. **EXPERIENCED SPEAKER (MAKES YOUR JOB EASIER):**  
Personally experienced and overcame adversity on the way to becoming an advocate for teens and young adults, then relayed his experiences into a bestselling empowerment guide.
5. **ENGAGING:**  
Dubbed the "Crowd Pleaser" because of his ability to engage his audience in his presentations with exhilarating dialogue and comedy examples.
6. **ACCESIBILITY:**  
Stays afterward to meet and mingle with audiences in person. Very personable and loves to hear life stories from participants
7. **A LIFE CHANGING MESSAGE:**  
Mo mixes enthusiasm and comedic humor with empowering stories and triumphant treasures to deliver a very high content message that will surely "Empower Your Audience to Achieve Revolutionary Results).
8. **VERSATILITY:**  
Knows how to serve as catalyst for organizational change, as a teacher to demonstrate various ways of perceiving and hurdling obstacles and as a motivator to encourage people to step outside the box. Mo can present a keynote and breakout sessions on the same day, or over a two day period--- whatever works best for your needs
9. **GENUINE:**  
Provides sincere, self-effacing presentations without fluff and has a true compassion for helping others fulfill their destiny and it shows on his face and through his delivery.
10. **RETURN ON INVESTMENT:**  
Not just a talking head, but someone who provides echo impacts--lasting long after he's gone from the platform.



## Corporate/Association/Military Programs

**How To Build An Effective Team To Revolutionize Your Organization**  
(Workshop or Breakout Session: 60-90 minutes)

### Your Organization Will Learn:

- How to inspect potential candidates properly to prevent high turnover
- Why projecting a clear vision and communicating expectation will yield the best results
- How to identify the proper positions for your existing team
- The best way to get key authority figures to get behind your ideas
- How to arrange words so you attract the people you want

## College Programs

With **10 years** of experience working with students at university, community college and commuter campuses, Mo Stegall has emerged as **one of the nation's leading authorities on student leadership**. With a dynamic repoire with students and recognition as **Empowerment Ambassador**, Mo is a favorite presenter at campus leadership events and national conferences.

Students love his humor and are inspired by Mo's personal story of failing out of college, then rebounding to become a top student in life. He serves as a mentor to students nationwide, encouraging them to get focused get involved and ultimately graduate.



## Youth

Your Students will enjoy having Mo Stegall keynote your event with his tailored and engaging **POWER TALKS**, he has headlined speaking for Charlotte Weed and Seed, SCYBA, LIFT Program, Parks & Recreation among other national and state conventions. He interacts with your students through the entire talk, often bringing them on stage to anchor points and make them the star of the show.

## POWER TALKS with *Mo Stegall*

*"You know you've been conditioned to do what God has commissioned you to do when you are running the race of life and can see the finish line and muster the endurance to complete the race."*  
--Mo Stegall

## Church Organizations

Mo Stegall is an empowerment speaker who bases his message on **psychological truths, personal testimony/analysis** and **Biblical-based truths**. This threefold approach ensures that the message is truthful and time tested.





A native of Atlanta, Georgia, Mr. Stegall has enjoyed a successful career as a radio and television personality, which afforded him opportunities to work with the **BET Hip-Hop Awards** the **CMA Awards**, and countless recognizable entertainers and community leaders. But his deepest passion and desire is **personal growth** and **development** and to **empower others** to **achieve greatness**. And with a warm and captivating presence, he has integrated his television/radio career with his desire to serve.

In front of the camera Mo Stegall engages viewers with his comical wit and personable approach. He has appeared on both local and national commercials, infomercials, and television broadcasts. As a child, he dreamed of being a sports commentator and imagined himself playing Nintendo and Sega video games in front of large crowds.



His vision to connect with people through media became a reality when, in 2002, he launched his own talk and entertainment show entitled **The S.E.L.F Show**. Now as Executive Producer, the show has been coined "**The Voice for Youth**" and is viewed in more than **30 countries** around the world. He is also the creator and host of the online syndicated radio talk show entitled **Talk About It Today! With Mo Stegall**.



## Against All Odds: I Can Be 10 Steps To Revolutionize Your Destiny

*Against All Odds I Can Be* is the empowering best-selling book by Mo Stegall. *Against All Odds I Can Be* was voted **#1 Hot New Release** by *Amazon* and named *One of the Most Inspiring and Powerful Books* released last year by *Celebrity Magazine*.

But *Against All Odds I Can Be* is more than a book: it's truly a guide to both changing and getting the most out of your life.

I will show you, step-by-step how to discover your worth, overcome adversity, and achieve goals!

- Implement a simple self check 4-step formula that makes you more productive in your everyday life
- 10 empowering steps that will enable you to revolutionize your destiny
- Turn adversity into triumphant treasures
- Use a variety of techniques to eliminate stress, alleviate disappointment, and increase emotional health
- Reprogram your mental database so you can attract what you're projecting
- Create various streams of productivity to achieve your goals
- Provide proven methods to chart a successful course, build effective techniques and accomplish objectives.

*This book is essential to anyone that has a quest for success. In this book you have the blueprint it could be considered a motivational bible of sort.*

--**Dennis White**, Actor/Acting Coach/Producer  
*The Closer/Notorious/The Brave One*



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### **The Daily Leap**

“Celebrity Salute”

By Henri Lowe

### **Celebrity Wonderland**

UNCF Empower Me Tour

Star Mo Stegall Empowers College Students

By Toni Edwards

### **Creative Loafing**

Executive Producer Extraordinaire

By Natalie Howard

### **The Scoop**

Universal Studios Welcomes TV Host Mo Stegall

By Damien Jones

### **The Examiner**

Mo Stegall Empowers DC Youth

By Candace Y.A Montague

### **The Associate Content**

Mo Loumoste Stegall Speaks

By Karen Francis

### **PR Express**

UNCF Recruits Mo Stegall for 2008-09 HBCU Empower Me Tour

By Christal Stanley

### **Celebrity Desktop**

Media Personality Mo Stegall Making A Difference

By Danielle Mannigham

### **Rolling Out Magazine**

Mo Stegall Loses His Mother to AIDS and Encourages

Teens to Get Tested

### **The Atlanta Voice**

Philanthropist Empower Community with Global Campaign

By Melissa Dewberry

### **Bu’Ji Magazine**

Mo Stegall: The Man Who Wants to Singlehandedly Change Your Life Forever

By Chelsie Rohen



**Derek “Fonzworth Bentley” Watkins, Host of MTV’s G’s to Gents Reality Show**

“He is on the up climb of a very successful ladder. He is cutting edge and stays consistent, someone you definitely want to stick close to”.

**Sheila Siler, Global Link Health Magazine**

“Mo Stegall’s passion for HIV/AIDS awareness is delightful. He has a keen sense of what those infected by the disease experience being unaccepted in society.”

**Hill Harper, Acclaimed Actor/Best Selling Author**

“Mo Stegall is a trailblazer and innovator when it comes to matriculating the vast varieties of media technology available.”

**Lillie Graham, AVID Instructor CMS Schools**

“Mo Stegall is a phenomenal individual who provides numerous and countless outlets for teens and young adults that are both engaging and empowering approaches.”

**LisaRaye McCoy, Actress**

“Mo Stegall continues to motivate and provide opportunities for people to share their stories and promote products and services. I appreciate him dearly.”

**Daryl Bego, Director YDI Inc.**

“Mo Stegall ignited the crowd at the YDI Youth Commencement Ceremony. He was able to engage both the students and their parents along with the city officials and other notables in the crowd. Many aligned the walls in search of getting a tad bit of wisdom and personal empowerment from him afterwards.”

## **MO STEGALL VITAMIN E**

### **Making The Impossible Possible**

[http://youtu.be/s\\_IVuGDXJKU](http://youtu.be/s_IVuGDXJKU)

### **5 Things You Need To Be Successful**

<http://youtu.be/hVn1U3my7Bc>

### **How To Get What You Want In Life**

<http://youtu.be/6-oQgBVBjQ>

### **How To Soar To New Heights In Life & Business**

[http://youtu.be/03\\_JFWxGy6k](http://youtu.be/03_JFWxGy6k)

### **How To Discover Your Worth**

<http://youtu.be/kUKBfQhbaoI>

### **Losing Is Not An Option \*How To Win In Life**

<http://youtu.be/zQCQQEtJxzQ>

### **How To Achieve Your Life Goals \*Personal Development**

<http://youtu.be/WCwsgwsCSg0>